



Maadi Psychology Center

Servicing the Egyptian and Expatriate Community since 1980
Affiliated with The Behman Consultancy Group

Psychological and Psychiatric Services

--Assessment, treatment and management of all major psychological and psychiatric disorders

--Psychologists and Psychiatrists with international training

--Consultations in English, Arabic, or French

--Child, Adolescent and Adult Therapy

--Therapies

Cognitive-Behavioral Therapy (CBT)

Psychoanalytic Therapy

Brief Solution-focused Therapy

Mindfulness Therapy

Family Therapy

Marriage Counseling

Couples Counseling

Addiction Counseling

Trauma (PTSD) Counseling

Grief Counseling

--Specialized Services

Psycho-educational assessments

Cognitive assessments

ADHD Assessment and Management

Autism Spectrum Disorder Assessment and Management

Equine-Assisted Psychotherapy

--24 Hour Emergency Service through Behman Hospital, Helwan

Maadi Psychology Center

16, Orabi Street (Off Port Said Street)

Maadi, Cairo Egypt

Hours: Sunday-Thursday, 9:00 am to 7:00 pm

www.maadipsychologycenter.com

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Emergency Number Behman Hospital: 2555 7551

www.behman.com



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Adult Therapy
Adolescent Therapy
Child Therapy
Cognitive Behavioral Therapy (CBT)
Psychoanalytic Therapy
Brief Solution-focused Therapy
Mindfulness Therapy
Equine-Assisted Psychotherapy
Family Therapy

Martial Therapy
Couples Counseling
Addiction Counseling
Trauma Counseling
Cognitive Assessments
Psycho-educational Assessments
ADHD Assessments and Management
Autism Diagnosis and Management
Medical Evaluation and Treatment

Emina Kartal, MA
Psychotherapist

Emina joined the Maadi Psychology Center in 2005. She received her M.A. in Psychoanalytic Studies from Sheffield University, U.K. She is an Associate Member of UKAHPP. While Emina specializes in working with children, she also works with adolescent and adult analysands. Emina focuses on developmental, psychosocial and transpersonal disorders of the human psyche. Her primary treatment method is that of Analytical Psychology as founded by Carl Jung. Emina is fluent in English, Arabic and the languages of the former Yugoslavia.

Monda Joseph, MA Psych, MAPS
Child and Adolescent Psychologist

Monda is an Australian-licensed child and adolescent psychologist, with a Masters degree from the University of Western Sydney, Australia. She is a member of the Australian Psychological Society. Having worked in Sydney and Egypt, Monda provides psychological services for children and adolescents with academic, behavioural, and/or emotional difficulties: ADHD, depression, anxiety, bereavement, learning difficulties, and Autism Spectrum disorders. She also conducts comprehensive developmental and cognitive assessments for children and adolescents. Monda uses Cognitive Behavioural Therapy (CBT) infused with art and play techniques that are suitable for each age group. Her approach relies heavily on parental training with a special focus on building positive attachment. She is fluent in both Arabic and English.

Amy Iskander, MS LAMFT
Psychotherapist

Amy is an Egyptian/Canadian therapist who received her MS from John Brown University, USA. Amy conducts individual, couples, and family therapy. Amy deals with children displaying emotional or behavioral difficulties as well as adolescents and adults that present with depression, anxiety, trauma or grief. She specializes in relationships where conflict and intimacy are a struggle. Amy does therapy in Arabic, English and French.

Sharon E. Perry Dip. Psy. Couns. MBACP EAGALA
Psychotherapist

Sharon has been working in clinics in Egypt since 2010 and is a British trained counsellor. She has extensive experience of working with adults and young people of many cultures including European and Indian culture. She is trained in individual, group, family and couples therapy. She also lived in Saudi Arabia for 5 years helping her to become familiar with Middle Eastern culture. Sharon specializes in eating disorders, addiction issues and trauma.

John C. Roedel, PhD
Psychotherapist

John has a doctorate in psychology and is a California–licensed psychotherapist. John works with adolescents, adults and couples. John treats a variety of disorders, including anxiety, depression, grief, trauma, and addiction. He is a specialist in family and marital relationships. John has been in Egypt for one year. Before that, he spent two years in Saudi Arabia.

May M. Kassem, MA
Psychological Counselor

May received her MA in Counselling from Geneva, Switzerland, and is a member of the American Counselling Association, International Association for Group Psychotherapy and Group Processes, and the Egyptian Psychologists Association. She works with adults and adolescents on life and career issues, anger and stress management, and addictions. May specializes in handling cases of severe mental illnesses such as schizophrenia, bipolar disorder, OCD, depression, anxiety, and personality disorders. May does therapy in both English and Arabic.

Mona Al Dabbagh, PhD
Clinical Psychologist

Mona received her master's degree (MA) from the American University in Cairo in 1996 and her doctorate (PhD) in 2004. She specialized in addiction and substance abuse. Mona mainly treats adults suffering from anxiety, depression, as well as addiction, and those who need marriage counselling. She uses cognitive behavioural therapy (CBT) and psychoanalytic techniques in her therapy depending upon the need of the individual patient. Therapy is conducted in either English or Arabic.

Nasser Loza, MD, FRCPsych.
Consultant Psychiatrist

Dr. Loza is a licensed, British trained psychiatrist with over twenty-five years experience. Dr. Loza serves as medical consultant to the Maadi Psychology Center. He collaborates with therapists on all medical and psychiatric issues. In addition to his involvement with the Center Dr. Loza is the medical director of Behman Psychiatric Hospital in Helwan. Dr. Loza also holds clinic hours in various areas of Cairo.

Sherif F. Atallah, MSc, BC Psych, FRCPsych
Consultant Psychiatrist

Dr. Atallah is a Consultant Psychiatrist and Medical Director at the Behman Psychiatric Hospital in Helwan, and Clinical Tutor for the Royal College of Psychiatrists, UK. He holds an MSc in Neuropsychiatry from Cairo, as well as the FRCPsych and Board Certification in Psychiatry from the UK. Dr. Atallah has many years of experience, both in the UK and in Egypt, and his interests cover the areas of General Adult Psychiatry, medical treatments of depression, anxiety disorders and chemical dependence as well as psychiatric emergencies.

Malak Sherif Doss, MBBCh, MSc
Specialist in Psychiatry

Dr. Malak works as a Specialist in Psychiatry at the Behman Hospital and is an Assistant Researcher at the National Research Center in Cairo. Her areas of expertise are Child & Adolescent Psychiatry, Women's Mental Health and General Adult Psychiatry. Dr. Malak obtained her MBBCh and MSc from Kasr el Eini, Cairo University, and trained there as a resident in Psychiatry. Dr. Malak is an international associate of the Royal College of Psychiatrists, UK. She has done clinical attachment training at the Maudsley Hospital, King's College London and at the Priory Hospital, UK. She is ADI-R certified (for Autism diagnosis) and has published her work on ADHD and presented it in international conferences. Consultations are done in both English and Arabic.

Ayman Kodera, MD, MSc**Specialist Psychiatrist**

Dr. Kodera obtained his MBBCh and MSc in neuropsychiatry from Kasr Al Aini, Cairo University. He is a Specialist Psychiatrist and Head of the Substance Abuse Mental Health Services at the Behman Hospital. He also developed and implemented a number of treatment and training programs addressing substance abuse in collaboration with international universities and institutes. His main interests cover substance dependence/rehabilitation, psycho-oncology and mood disorders. Dr. Kodera has vast experience in working in counseling for HIV clients. He conducts medical treatment, as well as therapy, using cognitive behavioral (CBT) and interpersonal therapies. Dr. Kodera is fluent in Arabic, French and English languages.

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